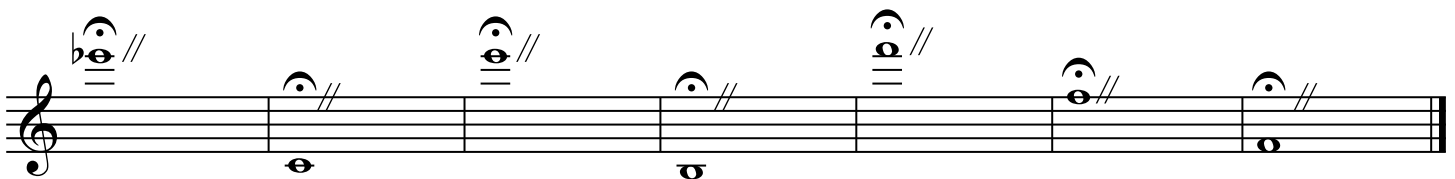
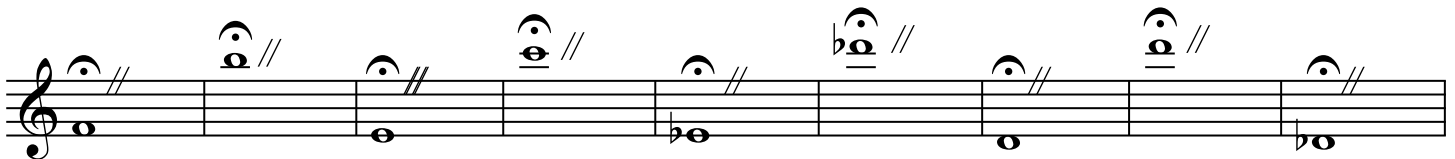
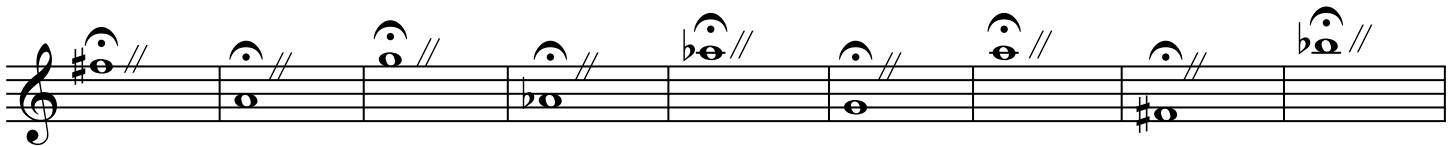
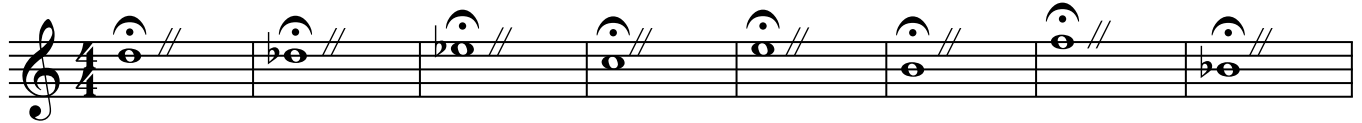


Sound Wisdom 101/Warm-Up Exercises

Long Tones

Rick Hefner

No Vibrato, use Tuner. Play at different dynamic levels.



Tonguing

Practice with Metronome - Play at different dynamic levels

♩ = 100

Repeat exercise using same pitches as above.



2 **Chromatic Exercise - Bottom to Top** *Practice with Metronome at comfortable tempo.
Use various dynamics and articulations.*

The musical score consists of six staves of music in treble clef, 4/4 time. The exercise is a chromatic scale starting on middle C (C4) and moving up to the next octave (C5). The notes are: C4, C#4, D4, D#4, E4, E#4, F4, F#4, G4, G#4, A4, A#4, B4, B#4, C5. The notes are grouped into measures of four notes each. The first staff contains the first two measures. The second staff contains the next two measures. The third staff contains the next two measures. The fourth staff contains the next two measures. The fifth staff contains the next two measures. The sixth staff contains the final two measures, ending with a double bar line.

